

# October

## CYBERSECURITY AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lock all devices when not in use. 1	Don't overshare on social media. 2	Update systems regularly. 3	Verify email links before clicking. 4	Use Multi-Factor Authentication when possible. 5	Review account statements regularly. 6	Don't write passwords down. 7
Use Anti-Virus software. 8	Use strong passwords or passphrases. 9	Use a VPN if possible. 10	Avoid public Wi-Fi 11	Shred old important documents. 12	Use unique passwords. 13	Don't share your SSN. 14
Don't store credit card info on shopping sites. 15	Keep your virtual and real desktop clean. 16	Backup systems and data regularly. 17	Sign out of banking apps when not using. 18	Always use a firewall. 19	Update hardware regularly. 20	Beware of unexpected email attachments. 21
Turn Bluetooth off when you aren't using it. 22	Verify callers before sharing info. 23	Enable the "guest" network on your wi-fi network. 24	No debit cards online. 25	Make sure devices are physically secure. 26	Encrypted data is your friend. 27	Look for HTTPS on websites. 28
Change the default passwords on new devices. 29	Talk to your kids about Cyber Safety. 30	Always be vigilant for possible threats. 31				